

BOXED PANINI & WRAPS.

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BOXED GRILLED PANINI

ON A SELECTION OF GOURMET MANOUCHER ARTISAN BREAD. SERVED WITH OUR HOUSE SIDE BABY GREEN SALAD.



VEG GRILLED VEGGIE PANINI \$14.00
avocado gremolata, grilled peppers, grilled zucchini & eggplants, goat cheese

TUSCAN CHICKEN PANINI \$16.95
romesco spread, grilled sweet peppers, goat cheese

CHICKEN LITE PANINI \$16.95
avocado gremolata, grilled zucchini, grilled sweet peppers

PICANTE CHICKEN PANINI \$16.95
spicy salsa verde aioli, grilled hot peppers, smoked mozzarella

STRIPLOIN & SMOKED MOZZA PANINI \$16.95
romesco spread, grilled sweet peppers, smoked mozzarella

STRIPLOIN & SALSA VERDE PANINI \$16.95
spicy salsa verde aioli, grilled hot peppers, smoked gouda

PREMIUM PROSCIUTTO PANINI \$17.95
truffle aioli, grilled zucchini, arugula, smoked gouda

HOT CUBANO PANINI \$17.95
spicy salsa verde aioli, prosciutto, pickles, arugula, smoked gouda

SMOKED SALMON PANINI \$17.95
remoulade spread, grilled zucchini, arugula, goat cheese

SEARED TUNA CARPACCIO PANINI \$18.95
truffle aioli, rare sushi grade tuna, grilled sweet peppers, arugula, goat cheese



BOXED GRILLED WRAP

ON A WHOLE WHEAT TORTILLA GARNISHED WITH BABY ARUGULA SERVED WITH OUR HOUSE SIDE BABY GREEN SALAD.



Real Food

**REAL INGREDIENTS
PREPARED FROM SCRATCH**

VEG EGG SALAD & AVOCADO WRAP \$14.00
avocado gremolata, creamy slaw, pico de gallo

VEG ROASTED TOFU WRAP \$14.00
remoulade spread, rainbow slaw, asiago

CHICKEN AVOCADO WRAP \$16.95
avocado gremolata, creamy slaw, pico de gallo

SPICY CHICKEN WRAP \$16.95
spicy salsa verde aioli, rainbow slaw, asiago

STEAK & AVOCADO WRAP \$16.95
avocado gremolata, creamy slaw, pico de gallo

SPICY STEAK & ASIAGO WRAP \$16.95
spicy salsa verde aioli, rainbow slaw, asiago

SMOKED SALMON WRAP \$17.95
remoulade spread, rainbow slaw, asiago

***OUR CHICKEN IS SOURCED HALAL & STRIPLOIN IS ROASTED TO MEDIUM.**

BOXED GRAIN BOWLS & SALADS.

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BOXED MEAL SALADS

INCLUDES: SPRING MIX LETTUCE, SHREDDED BEETS & CARROTS, RAINBOW SLAW, GRAPE TOMATOES, PICO DE GALLO SALSA.

CHOOSE YOUR STAR INGREDIENT & DRESSING FROM BELOW:

HALF AVOCADO (CHILI LIME AVOCADO)	\$14.00
ROASTED TOFU (SMOKED HARISSA)	\$16.95
LEMON & HERB CHICKEN (CITRUS BASIL)	\$16.95
SPICY GRILLED CHICKEN (GARLIC PEPPERCORN)	\$16.95
SHREDDED STRIPLIN (GARLIC PEPPERCORN)	\$16.95
SEARED TUNA CARPACCIO (CITRUS BASIL)	\$18.95
ROASTED 4OZ SALMON (CHILI LIME AVOCADO)	\$18.95



BOXED GRAIN BOWLS

INCLUDES: KALE, BROWN RICE & QUINOA, SPROUTS, RAINBOW SLAW, ROASTED CORN, SEASONED CHICKPEAS, PICO DE GALLO SALSA.

CHOOSE YOUR STAR INGREDIENT & DRESSING FROM BELOW:

HALF AVOCADO (CHILI LIME AVOCADO)	\$14.00
ROASTED TOFU (SMOKED HARISSA)	\$16.95
LEMON & HERB CHICKEN (CITRUS BASIL)	\$16.95
SPICY GRILLED CHICKEN (GARLIC PEPPERCORN)	\$16.95
SHREDDED STRIPLIN (GARLIC PEPPERCORN)	\$16.95
SEARED TUNA CARPACCIO (CITRUS BASIL)	\$18.95
ROASTED 4OZ SALMON (CHILI LIME AVOCADO)	\$18.95

DAIRY FREE & GLUTEN FREE
SALADS & BOWLS

OLIVE OIL BASED
house dressings



GROUP PLATTERS & SIDES.

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GOURMET GROUP SIDE SALADS

FRESHLY PREPARED SIGNATURE SALAD RECIPES WITH HOUSE MADE OLIVE OIL BASED DRESSINGS. EACH LARGE BOWL SERVES 8-12 AS A SIDE DISH.

RAINBOW KALE & SLAW:

Massaged kale, rainbow cabbage slaw, tossed with our house salsa verde aioli, extra virgin olive oil, lemon juice, seasalt & cracked peppercorn.

\$45

HARVEST QUINOA & CAULIFLOWER:

Roasted cauliflower, fresh parsley, red quinoa, pico de gallo salsa, spiced chickpeas, roasted corn, cranberries, tossed with our roasted pear dressing & EV00.

\$50

PORTA VIA SPECIAL:

Spring mix, shredded beets, shredded carrots, grape tomatoes, cucumber, goat cheese, with our house citrus basil dressing on the side.

\$45

TOMATO BASIL:

Diced cucumbers, tomatoes, zucchini & fresh basil, garnished with feta cheese, olives and caperberries, tossed with extra virgin olive oil, lemon juice, seasalt & cracked peppercorn.

\$50



GRILLED PANINI & WRAP PLATTERS

A TASTEFUL SELECTION OF OUR TOP SELLERS, FRESHLY GRILLED & ARRANGED IN OUR ECO FRIENDLY PLATTER TRAYS. PAIR THEM UP WITH OUR GOURMET GROUP SIDE SALADS & SHAREABLE SIDE DISHES FOR A SHOW STOPPING PRESENTATION.

MEDIUM: (6 UNITS CUT IN HALF): \$95

LARGE: (12 UNITS CUT IN HALF): \$190



SNACKS & APPETIZERS.

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PLANCHA SEAFOOD BOARD (SERVES 15-20) \$165

Smoked salmon two ways, seared house tuna carpaccio, fresh & grilled veggies, house remoulade, eggs, olives, caperberries, artisan toast & charred lemon.

*AVAILABLE AT SELECT LOCATIONS.

CHARRED VEGGIE ANTIPASTO (SERVES 15-20) \$85

A seasonal selection of freshly grilled and roasted vegetables garnished with seasalt, extra virgin olive oil and charred lemon.

*AVAILABLE AT SELECT LOCATIONS.



SPICY OLIVE BLEND (SERVES 10-15) \$30

Kalamata & green olives, spicy jalapeno, chili & caperberries seasoned with our signature house made spicy salsa verde.

HOUSE MADE SOUPS FROM SCRATCH: \$4.95

Dairy free, gluten free, vegan. Choice of: Vegan tomato basil & Daily chef creation.

COOKIE BOX: \$25

12 delicious chocolate chip cookies.

SIGNATURE LOAF BOX: \$45

12 large slices of gourmet loaves. Banana, dark chocolate & lemon poppy seed.



Gourmet Kitchen

WITH SUSTAINABLE FOOD & SCRATCH COOKING AT THE CORE



FAQ:

HOW DO I ORDER FROM YOUR LOCATIONS?

Visit our website at MYPORTAVIA.COM to place your order online. After clicking on ORDER ONLINE, there will be two options:

ORDER NOW:

for pick up orders within 30–45 minute window or a future date.

CATERING:

for a future date catered event or team lunch. It includes delivery.

DO YOU DELIVER? IS THERE A FEE?

We deliver catering orders with a minimum of \$100 before taxes. Delivery fee is \$10–\$15 flat rate within the 10KM radius. Outside of that range may be subject to extra delivery fees.

WHAT ARE YOUR DELIVERY WINDOWS?

Each location may have it's own delivery availabilities & time schedules. For more information, contact a store directly. Our drivers need a half an hour window for order drops. For example if your order is scheduled for 11:30 AM, our drivers may be there from 11 to 11:30. They will contact the number on the order form so please be sure to pick up.

DO YOU SET UP WHEN FOOD IS DELIVERED?

We try to help set up every single order for our clients. However sometimes we have multiple drops within 15 minute windows. If you absolutely need delivery to a meeting room and full set up, kindly advise us upon placing the order so we can schedule accordingly.

DO YOU OFFER GLUTEN FREE MEALS? HOW ABOUT HALAL & VEGETARIAN?

All of our grain bowls and salads are gluten free. Our soups are vegan and gluten free. All of our chicken is sourced halal. We also have plenty of seafood and vegetarian options.

WHAT ARE YOUR REFUND AND CANCELLATION POLICIES?

You can cancel an order by 2 PM on the previous day without any charges. Same day cancellations are subject to 70% food & labour cost.

HOW OFTEN YOUR PRICES CHANGE?

Before the pandemic, we adjusted our prices every January to the inflation rate. Given the current supply chain issues across the world, our prices are subject to change at any time.